

# September's Lunch Menu 2023

| Sunday  | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday  |
|---|--|--|---|---|--|---|
| 3<br>Glazed Pork Loin<br>Cheesy Mashed Potatoes<br>Carrots<br>Roll/Marg<br>Pie                    | 4<br>Saucy Chicken & Pasta<br>Buttered Peas<br>Garlic Toast<br>Funfetti Blondie                      | 5<br>Grilled Patty Melt<br>With Onions<br>Potato Wedges<br>Green Beans<br>Pineapple Tidbits                | 6<br>Glazed Ham<br>Simply Baked Sweet Potato<br>Broccoli Florets<br>Bread/Marg<br>Glazed Lemon Cake           | 7<br>Salisbury Steak<br>Mashed Potatoes<br>Country Gravy<br>Mixed Vegetables<br>Angel Food Cake with Strawberries | 8<br>Hamburger<br>Potato Salad<br>Baked Beans<br>Strawberry Cheesecake Fluff     | 9<br>Chicken Drumsticks<br>Baked Potato<br>Carrots<br>Bread/Marg<br>Mixed Fruit                       |
| 10<br>Smothered Chicken<br>Mashed Potatoes<br>Gravy<br>Honey Buttered Carrots<br>Roll/Marg<br>Pie | 11<br>Reuben Sandwich<br>Potato Salad<br>Seasoned Peas<br>Pudding                                    | 12<br>Honey Mustard Chicken<br>Wild Rice<br>Toss Salad w/ Dressing<br>Bread/Marg<br>Frosted Chocolate Cake | 13<br>Pork Loin<br>Mashed Potatoes<br>Gravy<br>Carrots<br>Bread/Marg<br>Chef's Choice of Fruit                | 14<br>Seafood Platter<br>Macaroni and Cheese<br>Green Beans<br>Bread/Marg<br>Fruit Cobbler                        | 15<br>Homemade Chili<br>Mini Cinnamon Roll<br>Sweet Pepper Slaw<br>Fruit Cup     | 16<br>Chicken Tenders<br>Mashed Potatoes<br>Gravy<br>Buttered Peas<br>Bread/Marg<br>Chocolate Pudding |
| 17<br>Roast Beef<br>Mashed Potatoes<br>Gravy<br>Green Bean Casserole<br>Roll/Marg<br>Pie          | 18<br>Grilled Brats<br>Potato Salad<br>Baked Beans<br>Cookies & Cream<br>Brownie                     | 19<br>Tator Tot Casserole<br>Toss Salad w/ Dressing<br>Bread/Marg<br>Peanut Butter Chip<br>Blondie         | 20<br>Chicken Fried Chicken<br>Mashed Potatoes<br>Chicken Gravy<br>Buttered Peas<br>Bread/Marg<br>Fruit Crisp | 21<br>Ranch Meatloaf<br>Baked Potato/Marg<br>Green Beans<br>Bread/Marg<br>Mixed Fruit                             | 22<br>Fish<br>Au Gratin Potatoes<br>Broccoli Florets<br>Cherry Crunch            | 23<br>Chicken Potato Bake<br>Corn<br>Crescent Roll<br>Pound Cake                                      |
| 24<br>Country Style Ribs<br>Scalloped Potatoes<br>Glazed Carrots<br>Roll/Marg<br>Pie              | 25<br>Steak Stroganoff<br>Mashed Potatoes<br>Beef Gravy<br>Cauliflower<br>Bread/Marg<br>Gelatin Cake | 26<br>Cod Loin<br>Tator Tots<br>Creamy Coleslaw<br>Banana Bar  | 27<br>Hawaiian Chicken<br>Potato Cheese Bake<br>Green Beans<br>Bread/Marg<br>Strawberry Pretzel Cake          | 28<br>Spaghetti with Meat Sauce<br>Peas<br>Garlic Toast<br>Cantaloupe   | 29<br>Hamburger<br>Potato Salad<br>Baked Beans<br>Strawberry Cheesecake<br>Fluff | 30<br>Chicken Drumsticks<br>Baked Potato<br>Carrots<br>Bread/Marg<br>Mixed Fruit                      |

# September's Supper Menu 2023

| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|---|--|--|--|--|--|--|
| <p>Chilled Fruit 3</p> <p>Bologna Sandwich + Mayo &amp; Lettuce</p> <p>Potato Salad OR</p> <p>Soft Shell Tacos</p> <p>Lettuce/Tomato/Cheese</p>   | <p>Peaches 4</p> <p>Chicken Crispito</p> <p>Salsa/Lettuce/Tomato</p> <p>Refried Beans OR</p> <p>Breaded Fish Sandwich</p> <p>Creamy Coleslaw</p>   | <p>Club Salad with Bacon</p> <p>Roll/Marg OR</p> <p>Hot Dog</p> <p>Baked Beans</p> <p>Reese's Peanut Butter Fluff</p>  | <p>Berry Cup 6</p> <p>Ranch Chicken Wrap</p> <p>Potato Chips</p> <p>Toss Salad w/ Dressing OR</p> <p>Ham Salad Sandwich</p> <p>Strawberry/Greek Yogurt Salad</p> | <p>Chocolate PB Bar 7</p> <p>Garden Vegetable Soup</p> <p>Meat Salad Sandwich</p> <p>Lettuce + Tomato Slice OR</p> <p>Macaroni &amp; Cheese</p> <p>Tuna Salad Sandwich</p> | <p>Mandarin Oranges 1</p> <p>Cream of Tomato Soup</p> <p>Grilled Cheese Sandwich</p> <p>Creamy Cucumber Salad OR</p> <p>Fish Sticks</p> <p>Tator Tots</p>  | <p>Cookie 2</p> <p>Sloppy Joe</p> <p>Potato Chips</p> <p>Peaches OR</p> <p>Chef's Salad</p> <p>Roll/Marg</p>   |
| <p>Bologna Sandwich + Mayo &amp; Lettuce</p> <p>Potato Salad OR</p> <p>Soft Shell Tacos</p> <p>Lettuce/Tomato/Cheese</p> <p>Cookie 10</p> <p>Galzone</p> <p>Toss Salad w/ Dressing</p> <p>Mandarin Oranges OR</p> <p>Creamed Turkey Biscuit</p> | <p>Chilled Fruit 11</p> <p>Meatballs with Sauce</p> <p>Buttered Noodles</p> <p>Broccoli Florets OR</p> <p>Smoked Sausage</p> <p>Fried Potatoes</p> | <p>Fresh Fruit 12</p> <p>Pigs in a Blanket</p> <p>Fried Potatoes</p> <p>Baked Beans OR</p> <p>Sloppy Joe</p> <p>Potato Chips</p>   | <p>Fruited Gelatin 20</p> <p>Ham &amp; Beans</p> <p>Honey Corn Bread/Marg</p> <p>Cucumber Salad OR</p> <p>Tuna Salad Sandwich</p> <p>Onion Rings</p>             | <p>Berry Cup 14</p> <p>Hot Ham &amp; Cheese Sandwich</p> <p>French Fries + Corn OR</p> <p>Chicken/Dumpling Casserole + Bread/Marg</p>                                      | <p>Apricots 8</p> <p>Pork Tenderloin</p> <p>Creamy Cucumber Salad OR</p> <p>Vegetable Soup</p> <p>Peanut Butter/Jelly Sandwich</p>                         | <p>Fruit Cup 9</p> <p>BBQ Ribis Sandwich</p> <p>Tator Tots</p> <p>Corn OR</p> <p>Taco Stuffed Potato + Sour Cream, Cheese</p> <p>Pears 16</p> <p>Breaded Chicken Patty/Bun</p> <p>Lettuce / Tomato Slice</p> <p>Potato Chips OR</p> <p>Pulled Pork/Bun</p> <p>Potato Salad</p> |
| <p>Peaches 17</p> <p>Lasagna</p> <p>Toss Salad with Dressing</p> <p>Garlic Toast OR</p> <p>Maple Sausage Links</p> <p>French Toast</p> <p>With Syrup</p>  | <p>Baked Fish</p> <p>Buttered Rice</p> <p>Carrots</p> <p>Fresh Fruit OR</p> <p>Grilled Chicken Salad</p> <p>Crackers</p>                           | <p>Mandarin Oranges 19</p> <p>Turkey Club Sandwich</p> <p>Potato Chips</p> <p>Pea Salad OR</p> <p>Hot Ham/Cheese Sandwich</p> <p>Curly Fries</p>                                 | <p>Berry Cup 27</p> <p>Pizza</p> <p>Toss Salad /Dressing OR</p> <p>Homemade Chicken</p> <p>Noodle Soup + Crackers</p> <p>Deli Sandwich</p>                       | <p>Berry Cup 21</p> <p>Chicken Wing Dings</p> <p>Macaroni &amp; Cheese</p> <p>Green Beans OR</p> <p>Hot Dog</p> <p>Potato Chips</p> <p>Dessert: Sherbet</p>                | <p>Mandarin Oranges 29</p> <p>Cream of Tomato Soup</p> <p>Grilled Cheese Sandwich</p> <p>Creamy Cucumber Salad OR</p> <p>Fish Sticks</p> <p>Tator Tots</p> | <p>Ice Cream 23</p> <p>Hamburger</p> <p>Lettuce &amp; Tomato</p> <p>Macaroni Salad</p> <p>Creamy Coleslaw OR</p> <p>Roast Beef Sandwich</p> <p>Cheese Puffs</p>  |
| <p>Loaded Baked Potato + Broccoli</p> <p>Bread/Marg OR</p> <p>Roast Turkey Sandwich</p> <p>Potato Chips</p> <p>Dessert: Pears</p>   | <p>BLT Sandwich</p> <p>Pea Salad</p> <p>Cottage Cheese OR</p> <p>Chicken Wing Dings</p> <p>French Fries</p> <p>Dessert: Strawberries</p>           | <p>Cookie 26</p> <p>Ham Salad Sandwich</p> <p>Cottage Cheese &amp; Peaches</p> <p>Fresh Fruit OR</p> <p>Meatballs with Sauce</p> <p>Garden Blend Rice</p> <p>Dessert: Cookie</p> | <p>Berry Cup 27</p> <p>Pizza</p> <p>Toss Salad /Dressing OR</p> <p>Homemade Chicken</p> <p>Noodle Soup + Crackers</p> <p>Deli Sandwich</p>                       | <p>Berry Cup 28</p> <p>Taco Salad (Baked Shell)</p> <p>OR</p> <p>Breaded Pork Tenderloin</p> <p>Curly Fries</p> <p>Dessert: Peach Shortcake</p>                            | <p>Mandarin Oranges 29</p> <p>Cream of Tomato Soup</p> <p>Grilled Cheese Sandwich</p> <p>Creamy Cucumber Salad OR</p> <p>Fish Sticks</p> <p>Tator Tots</p> | <p>Cookie 30</p> <p>Sloppy Joe</p> <p>Potato Chips</p> <p>Peaches OR</p> <p>Chef's Salad</p> <p>Roll/Marg</p>  |