



# Heartland Care Center Activities February 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>**All activities subject to change** And weather permitted</b></p>		<p><b>Groundhog Day Is February 2<sup>nd</sup></b></p>		<p>Waffle Breakfast 1 9:30 Fit &amp; Fab 10:15 Bible Study with Pastor Meyer (Zion) 2:15 Adopt A Grandkid 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics</p>	<p><b>National Wear Red! 2</b> 10:00 Room Visits 2:00 Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>3 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>
<p>10:20 Catholic Services 4 1:30 Church Services Pastor Travis (GMC) 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity <b>Happy Birthday Betty!</b></p>	<p>5 10:00 Fit &amp; Fab 2:00 Jack Pot Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>6 10:00 Garbage 2:00 Heartland Races 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>7 10:00 Baking 2:00 Build A Pizza 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>8 9:30 Fit &amp; Fab 10:15 Bible Study 1:15 Catholic Mass with Father Tim Pick 2:15 Adopt A Grandkid 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics</p>	<p>9 10:00 Room Visits 2:00 Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>10 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>
<p>11 10:20 Catholic Services 1:30 Church Services with Pastor Roop (Peace) 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>12 10:00 Fit &amp; Fab 2:00 Jack Pot Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>13 10:00 Garbage 2:00 Heartland Races 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>14 10:00 Baking 2:00 Valentine Trivia 3:00 Sweetheart Social 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>15 9:30 Fit &amp; Fab 10:15 Bible Study 2:15 Adopt A Grandkid 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 5:30 Supper Club</p>	<p>16 10:00 Room Visits 2:00 Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity <b>Happy Birthday Nancy!</b></p>	<p>17 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>
<p>18 10:20 Catholic Services 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p><b>President's Day 19</b> 10:00 Fit &amp; Fab 2:00 Jack Pot Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>20 10:00 Resident Council 1:30 Staff In-Service 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity <b>Happy Birthday Brian!</b></p>	<p>21 10:00 Baking 2:00 Bowling 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>22 9:30 Fit &amp; Fab 10:15 Bible Study 2:15 Adopt A Grandkid 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>23 10:00 Room Visits 2:00 Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>24 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>
<p>25 10:20 Catholic Services 1:30 Church Services with Pastor Keith (St. John's Germantown) 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>26 10:00 Fit &amp; Fab 2:00 Jack Pot Bingo 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics <b>7:00 Group Activity</b></p>	<p>27 AM Care Conferences 2:00 Music w/ Elaine Peacock 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p>28 <b>Am Care Conferences</b> <b>2:00 High Rollers</b> <b>3:00 Coffee &amp; Cookies</b> <b>4:00 Mental Aerobics</b> <b>7:00 Group Activity</b></p>	<p>29 AM Care Conferences 10:15 Bible Study 2:15 Adopt A Grandkid 3:00 Coffee &amp; Cookies 4:00 Mental Aerobics 7:00 Group Activity</p>	<p><b>Happy Valentine's Day</b></p>	



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