




Heartland Care Center Activities October 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Garbage 2:00 Heartland Derby 3:00 Coffee & Cookies 4:00 Jog Your Noodle MMCRU Homecoming	2 10:00 Baking 2:00 High Rollers 3:00 Coffee & Cookie 4:00 Jog Your Noodle MMCRU Homecoming	3 9:45 Fit & Fab 10:15 Bible Study with Pastor Stenzel 2:00 Trivia 2:20 Adopt A Grandkid 3:00 Coffee & Cookies MMCRU Homecoming	4 10:00 Room Visits 2:00 Bingo 3:00 Happy Hour Happy Birthday Leah! MMCRU Homecoming	5 3:00 Coffee & Cookies 4:00 Group Activity
6 10:20 Catholic Services 1:30 Church Services w/ Pastor Travis (GMC) 3:00 Coffee & Cookies	7 10:00 Fit & Fab 2:00 Jack Pot Bingo 3:00 Coffee and Cookies 4:00 Jog Your Noodle	8 10:00 Garbage 2:00 Fall Craft 3:00 Coffee & Cookies 4:00 Jog Your Noodle Flu and Covid-19 Vaccine Shot Day!!!	9 10:00 Baking 2:00 Bowling 3:00 Coffee and Cookies 4:00 Jog Your Noodle	10 9:45 Fit & Fab 10:15 Bible Study 2:00 Trivia 2:20 Adopt A Grandkid 3:00 Coffee & Cookies	11 10:00 Room Visits 2:00 Bingo 3:00 Coffee & Cookies	12 3:00 Coffee & Cookies 4:00 Group Activity
13 10:20 Catholic Services 1:30 Church Services w/ Pastor Roop (Peace) 3:00 Coffee & Cookies	14 10:00 Fit & Fab 2:00 Jackpot Bingo 3:00 Coffee & Cookies 4:00 Jog Your Noodle	15 10:00 Garbage 1:30 Staff In-Service 3:00 Coffee & Cookies 4:00 Jog Your Noodle	16 10:00 Baking 2:00 – 4:00 Heartland's 30 th Celebration (Open House) Come and Go 4:00 Jog Your Noodle	17 9:45 Fit & Fab 10:15 Bible Study 1:15 Catholic Mass with Father Tim 2:00 Trivia 2:20 Adopt a Grandkid 3:00 Coffee & Cookies 5:30 Supper Club	18 10:00 Room Visits 2:00 Bingo 3:00 Happy Hour	19 3:00 Coffee & Cookies 4:00 Group Activity Happy Birthday Freddie!
20 10:20 Catholic Services 3:00 Coffee & Cookies	21 10:00 Fit & Fab 2:00 Jack Pot Bingo 3:00 Coffee & Cookies 4:00 Jog Your Noodle	22 10:00 Garbage 2:00 Heartland Derby 3:00 Coffee and Cookies 4:00 Mental Aerobics It's VOTING DAY!!	23 10:00 Resident Council 2:00 Bowling 3:00 Coffee and Cookies 4:00 Jog Your Noodle	24 9:45 Fit & Fab 10:15 Bible Study 2:00 Trivia 2:20 Adopt a Grandkid 3:00 Coffee & Cookies	25 10:00 Room Visits 2:00 Bingo 3:00 Coffee & Cookies	26 3:00 Coffee & Cookies 4:00 Group Activity Happy Birthday Arlene!
27 10:20 Catholic Services 1:30 Church Services w/ Pastor Stenzel (St. John) 3:00 Coffee & Cookies	28 10:00 Fit & Fab 2:00 Jack Pot Bingo 3:00 Coffee & Cookies 4:00 Jog Your Noodle	29 Am- Care Conferences 2:00 Garbage 3:00 Coffee & Cookies 4:00 Jog Your Noodle Happy Birthday Lil!	30 Am -Care Conferences 2:00 High Rollers 3:00 Coffee & Cookies 4:00 Jog Your Noodle	31 9:45 Fit & Fab 10:15 Bible Study 2:00 Trivia 2:20 Adopt A Grandkid 3:00 Coffee & Cookies		**All activities subject to change** And weather permitted 



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Happy
Halloween

A group of four jack-o'-lanterns with various carved faces, including a large one with a mustache and a smaller one with a wide grin. They are arranged in a row, with the word 'Happy' above them and 'Halloween' below them.