



Spirit of Heartland

Heartland Care Center • 604 E Fenton St. Marcus, Iowa • 712-376-2500 •

Recipe of the Month.... No-Bake Mint Chocolate Chip Pie

Ingredients:

For Oreo Crust

- 24 Oreo cookies-ground (you can use mint or regular Oreo)
- 4 Tablespoons butter-melted

Filling

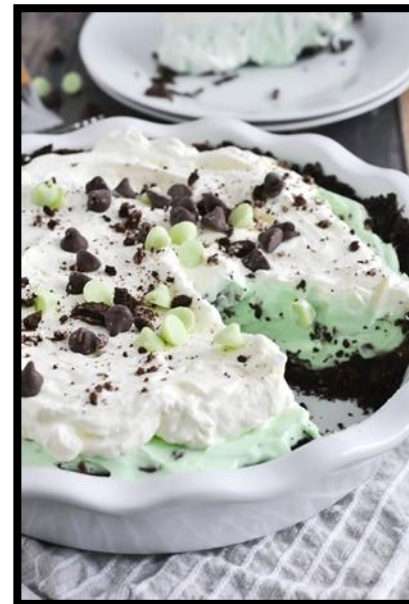
- 8 oz. cream cheese (brick style) – softened
- 1 ½ Cups Heavy Cream
- 1 Cup Confectioners' Sugar
- ½ teaspoon Peppermint Extract
- 4-5 Drops Green Food Coloring
- ½ Cup Mini Chocolate Chips

Peppermint Whipped Topping

- ½ Pint Heavy Cream
- 3 Tablespoons Sugar
- Dash of Peppermint Extract

Topping

- ¼ Cup Chocolate Chips, Optional
- 2 Tablespoons Crushed Oreos, Optional



Directions:

1. **For the Crust:** Crush Oreos in a food processor or place in a large resealable bag and crush using a rolling pin or mallet. Pour crumbs in a medium bowl and mix with butter until combined. Spread mixture evenly on the bottom and sides of a 9-inch pie dish. Refrigerate for 30 minutes.
2. **For the Filling:** In a large bowl, beat cream cheese with an electric mixer until creamy. Add heavy cream and beat on high until it thickens and stiff peaks form. Reduce speed and stir in sugar and peppermint extract until combined. Add in 4 to 5 drops of food coloring and stir until blended. Gently stir chocolate chips into mixture by hand until blended. Pour mixture evenly prepared crust and refrigerate for 3-4 hours preferably overnight until set.
3. **For the Topping:** Before serving pour heavy cream in a medium bowl and mix on high until stiff peaks form. Reduce speed and stir in sugar and extract until combined. Spread topping on top of pie. Sprinkle additional chocolate chips and/or crushed Oreos on top
4. ENJOY!!!! 😊



Celebrating March

National Craft Month

National Nutrition Month

Employee Appreciation Day
March 6th

National Pi Day
March 14th

Ides of March
March 15th

Let's Laugh Day
March 19th

1st Day of Spring
March 20th

National Chip and Dip Day
March 23rd

National Doctor's Day
March 30



March's Fun Day



Waffle Breakfast
Thursday, March 5th

Day Light Savings Time
Sunday, March 8th

Flannel Friday
Friday, March 13th

Saint Patrick's Day
WEAR GREEN
Tuesday, March 17th

Supper Club
Thursday, March 19th

Wear Bright Colors for First Day of Spring
Friday, March 20th

Heartland's Annual Easter Egg Hunt
Saturday, March 21st

Heartland Town Hall Meeting
Sunday, March 22nd at 2:00PM

National Chip and Dip Day
Staff will bring Chips & Dip. Residents Judge
Monday, March 23rd

Resident Council
Tuesday, March 24th

Palm Sunday
Sunday, March 29th

National Crayon Day
Wear One Color to be a Crayon!
Tuesday, March 31st

March is National DOCTORS' Month!

March 30th 2026 is National Doctors Day- here is a little history on doctors' day and some doctor statistics. The origin of National Doctors Day dates back more than 90 years to Winder, Georgia, a community with 18,000 residents just outside the city of Atlanta.

In 1933, Eudora Brown Almond, the wife of a family medicine physician, Dr. Charles B. Almond, felt doctors deserved a little extra recognition in American society for their extraordinary, life-saving, and often thankless work.

~~Doctor Statistics~~

-There are currently over 1.1 million licensed doctors in the US; California has the most licensed physicians, with over 119,000.

-The average age of a doctor is 54, compared to a median age of 42 across other professions.

- Women account for about 38% of active physicians, an increase from 26% in 2004.

-Doctors typically see 10-20 patients every day.

We at Heartland have many wonderful Doctors that are in our building – we want to thank all of them for the many phone calls, faxes, and provider visits that they provided for our residents here at Heartland!

Dr. Andrew Geha – Medical Director
Dr. Christopher VandeLune
Dr. Wesley Parker
Dr. Timothy Rice

Have a terrific March! --- Heather Marks, RN, DON

March Birthdays

Our residents....

Eleanor Dreckman 03/02
Patricia Wurth 03/16
Peggy Hansen 03/19

And our staff...

Megan Hoffman 03/06
Mariah Thomsen 03/11
Jennifer Johnson 03/17
Sierra Anderson 03/22
Doug Daniels 03/26



February at Heartland!



Staff Anniversary's

Bacilia Beisswenger – 2 Years
Kaleigha Dreckman – 1 Year
Paige Gergen – 4 Years
Jelynda Morse – 10 Years
Cyriana Pearson – 2 Years
Andrea Penning – 3 Years
Mariah Thomsen – 5 Years